

Athena H. Cairo
(Formerly Athena K. Hensel)

Department of Psychology
Virginia Commonwealth University
Richmond, Virginia 23284

cairoah@vcu.edu

EDUCATION

Virginia Commonwealth University
Richmond, VA
Advisor: Jeff Green, PhD

M.S., Psychology
May, 2015

University of Richmond
Richmond, VA

B.A. with Honors, Psychology
May, 2013

PUBLICATIONS

Allison, S. T., & **Cairo, A. H.** (in press). Heroism. In H. Freidman (Ed.), *The Encyclopedia of Mental Health*. New York: Elsevier.

MANUSCRIPTS IN PREPARATION/UNDER REVIEW

Bennett, A., Humphrey, R. H., Burch, G. F., Batchelor, J., & **Cairo, A. H.** *View from a discipline: A multi-level model of empathy in organizations*. Manuscript under review.

Berry, D. R., **Cairo, A. H.**, Brown, K. W., Goodman, R. J., Quaglia, J. T., & Green, J. D. *Mindfulness increases empathic and prosocial responses toward ostracized strangers*. Manuscript in preparation.

Green, J. D., Reid, C. A., Moloney, J. M., & **Cairo, A. H.** *Television “binge-watching” effects on emotions and behavior*. Manuscript in preparation.

Green, J. D., Davis, J. L., Griffin, B., **Cairo, A. H.**, Garthe, R., & Behler, A. C. *Relational predictors and correlates of humility*. Chapter in preparation to be included in D. Davis, J. Hook, & E. Worthington, Jr. (Eds.), *Handbook of humility*. New York: Routledge.

Ebersole, C. R., Atherton, O. E., Belanger, A. L., Skulborstad, H. M., Allen, J. M., Banks, J., ... **Cairo, A. H.**, ... Nosek, B. A. *Many Labs 3: Evaluating participant pool quality across the academic semester via replication*. Manuscript under review.

Van Tongeren, D. R., Green, J. D., & **Cairo, A. H.** *Heroism and the pursuit of meaning in life*. Chapter in preparation to be included in S. T. Allison, G. R. Goethals, & R. M. Kramer (Eds.) *Handbook of heroism and heroic leadership*. New York: Routledge.

SYMPOSIA/POSTER PRESENTATIONS

- Cairo, A. H.**, & Green, J. D. (2016, January). *Wanting to know and wanting to care: Curiosity predicts greater empathic concern and decreased personal distress*. Poster session to be presented at the annual conference of the Society for Personality and Social Psychology, San Diego, CA.
- Berry, D. R., Brown, K. W., **Cairo, A. H.**, & Plonski, P. (2015, October). *Transcending social boundaries with presence: Brief mindfulness training increases prosocial responsiveness toward dissimilar others*. Poster session to be presented at the annual conference of the Society of Southeastern Social Psychologists, Winston-Salem, NC.
- Moloney, J. M., **Cairo, A. H.**, Garthe, R. C., Easter, R., & Worthington, E. L. (2015, May). *Exploring processes and changes in virtues during the transition to parenthood*. Poster session presented at the annual conference of the Association for Psychological Science, New York, NY.
- Brown, K. W., Berry, D. R., & **Cairo, A. H.** (2015, February). Mindfulness enhances empathy and prosociality toward victims of social exclusion. In K. W. Brown (Chair), *Mindfulness and mind-wandering: pros, cons, and their surprising complementarity*. Symposium conducted at the annual conference of the Society for Personality and Social Psychology, Long Beach, CA.
- Van Tongeren, D., Green, J., **Cairo, A.**, Hulsey, T., Legare, C. Bromley, D., & Houtman, A. (2015, February). *Meaning threats elicit negative attitude polarization regarding evolution*. Poster session presented at the annual conference of the Society for Personality and Social Psychology, Long Beach, CA.
- Allison, S. T., & **Hensel, A. K.** (2014, January). *Subjective vs. Objective social class: Divergent effects on empathy and prosocial behavior*. Poster session presented at the annual conference of the Society for Personality and Social Psychology, Austin, TX.
- Allison, S. T., & **Hensel, A. K.** (2013, January). *Heroism, leadership, and heroic leadership: Conceptual distinctions and integration*. Poster session presented at the annual conference of the Society for Personality and Social Psychology, New Orleans, LA.
- Hensel, A. K.**, Johnson, J. J., & Hoyt, C. L. (2013, January). *Would you help vs. will you help: Mediators of gender effects on prosocial behavior*. Poster session presented at the annual conference of the Society for Personality and Social Psychology, New Orleans, LA.
- Allison, S. T., Beggan, J., Fischer, B., & **Hensel, A.** (2012, January). *Understanding heroes and villains: A categorical and semantic differential analysis*. Poster session presented at the annual conference of the Society for Personality and Social Psychology, San Diego, CA.

Hensel, A. K., & Braude, L. B. (2011, April). *The effect of gender on perceptions of heroic empathy*. Poster session presented at the annual University of Richmond Arts and Sciences Symposium, University of Richmond, VA.

TEACHING EXPERIENCE

Social Psychology Primary Instructor <i>Virginia Commonwealth University</i>	2015
Experimental Methods in Psychology Laboratory Instructor <i>Virginia Commonwealth University</i>	2014 – 2015
Social Psychology Guest Lecturer <i>Virginia Commonwealth University;</i> <i>Primary Instructor: Dr. Nao Hagiwara</i>	2014
Introduction to Psychology Undergraduate Laboratory Instructor <i>University of Richmond</i>	2012 – 2013

OTHER PROFESSIONAL EXPERIENCE

Undergraduate Academic Advisor <i>Virginia Commonwealth University</i>	2013 – 2014
Lab Manager, CAVE Lab <i>University of Richmond; PI: Dr. David Landy</i>	2013

SERVICE

Society for the Advancement of Psychology at VCU Leadership Board	2014 – 2015
History of Psychology Poster Competition Judge	2014 & 2015

FELLOWSHIPS AND AWARDS

Austin E. Grigg & Helen W. Grigg Award	2013
Undergraduate Student Research Travel Award	2011 & 2012
Arts and Science Summer Research Fellowship	2011 & 2012

PROFESSIONAL MEMBERSHIP

Association for Psychological Science
Phi Beta Kappa
Psi Chi
Society for Personality and Social Psychology

Society for the Advancement of Psychology at VCU